

**CATHEDRAL OF ST MARY & ST HELEN
HOLY CROSS AND ALL SAINTS**

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**THE MOST HOLY TRINITY (B)
Sunday 26th May 2024**

Spiritual Reflection:



The Solemnity of the Most Holy Trinity is always celebrated a week after Pentecost. Trinity Sunday honours the most fundamental of Christian beliefs - belief in the Holy Trinity. The human mind can never fully understand the mystery of the Trinity, but we can sum it up in the following

formula: God is three Persons in one Nature. There is only one God, and the three Persons of God—the Father, the Son, and the Holy Spirit—are all equally God, and they cannot be divided. At Holy Mass, the Sacred Liturgy lifts the heart, mind, and soul up to God, who is Father Son & Spirit. We not only praise the Holy Trinity in the Gloria at the beginning of Mass, but we also make a profession of faith to God in the Trinity while praying the Nicene Creed. The Council of Nicaea was called by Emperor Constantine in the year 325AD. The Early Fathers of the Church, in response to various heresies rife at that time, formulated a Universal Creed of Belief, formulating not only the belief on the Most Holy Trinity, but also about the Church, Baptism, and Resurrection from the Dead, and Our Blessed Lady's role in God's plan of Salvation. Let us pray the Creed with true faith and fervour!

Dear Friends in Jesus Christ,

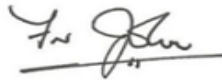
Today we celebrate the Solemnity of the Most Holy Trinity; where we proclaim that God is Father, Son & Holy Spirit. This is one of the great Dogma's of our Roman Catholic Faith. Every week we pray together our Creed acknowledging the fullness of the Godhead in Father, Son & Spirit. Through the centuries many have struggled with trying to understand this great doctrine of faith, and it is often referred to as a mystery. But is more than a mystery, it is an invitation to share and be caught up in the whole life of God. When we were baptised, we received the fullness of God as Father, Son & Holy Spirit. God has left an indelible mark on our soul, and He fills us with his presence. Jesus Christ, the second person of the Trinity, came to show us the beauty of God's love for us, and before he returned to the Father, he promised the Apostles to send the gift of his eternal Holy Spirit, 'proceeding from the Father & the Son'; this Divine Love,



guides, directs, perfects, and gives us the capacity to respond in Love. The Spirit gives us strength & courage, perseverance, and hope, understanding and reverence, and the qualities found in the Lord Jesus. This enables us to Love God with our whole soul, mind and strength.

BLESSED SACRAMENT CHAPEL I'm sure you'll all agree that the Blessed Sacrament Chapel is looking beautiful after its clean and painting. Unfortunately, through the years the smoke from the candles caused and terrible 'blacking' of the walls. I would like to thank the company that did the work for us. They were truly professional and very respectful of the Chapel. The cleaning of the walls took longer than the painting itself. We have invested in a new candle stand with smokeless candles (this is on a trial basis for a month), to see if people like the stand. The Candles will be 50 pence each and burn longer than the traditional candles we've been using.

May God Bless You All,

A handwritten signature in black ink, appearing to read "Fr. John", with a horizontal line underneath.

NEW ALTAR SERVERS FOR THE PARISH Considering the recent First Holy Communions, if there are any children who would like to start serving at Holy Mass each weekend, could you kindly contact the parish office to give the following details as soon as possible: the child's name, contact details of parent/guardian and which mass the family regularly attend. Thomas will give instruction and training for new servers who have expressed an interest in serving on the following dates:

Saturday 22nd June 2024 - 10 - 11.00 a.m. - Day 1 of 3

Saturday 29th June 2024 - 10 - 11.00 a.m. - Day 2 of 3

Saturday 6th July 2024 - 10 - 11.00 a.m. - Day 3 of 3

To serve at the altar is one of the great honours and privileges for our children, and it is something they can do from a young age. This teaches our children about service and commitment in faith.

THE NEW LECTIONARY & BOOK OF THE GOSPELS

The Lectionary, which is the Book that contains the Scripture readings for Mass and the Sacraments, is changing as part of the continuing process of revising liturgical translations. The process began back with the Roman Missal in 2011 and has continued with all the other liturgical texts. The new Lectionary (4 volumes) will use both the English Standard Version - Catholic Edition of the Bible and the Abbey Psalter for the psalms. The New Lectionary will become mandatory for use in all Catholic Parishes and Mass centres in England, Wales & Scotland from the First Sunday of Advent 2024. The Catholic Truth Society (CTS) was appointed by the Bishops' Conferences to publish the official ritual editions of the Lectionary for England, Wales & Scotland. In addition to the four new lectionaries, a Book of the Gospels will also be produced for Sunday's & Solemnities.



If there are any parishioners who would be willing to sponsor these Lectionaries in remembrance of deceased loved ones, there is a remembrance plate attached to each book which can be inscribed with your loved one's name. All four Lectionaries will be used constantly throughout the Church's Liturgical Year. The Price of Each Lectionary is £175 (4 of them). There is also a Book of the Gospels, which is Leatherbound and Hardback at £275 (1 of them). Please make any cheques payable to '*Brentwood Cathedral Parish*'.

CONFIRMATION 2024 A very big thank you to everyone who was involved in the very beautiful Confirmation Mass last Sunday. Special thanks to Fr Gary for putting the programme together and his able Catechists who assisted and guided our young people over the past months. Special thanks to our Choir who truly enhanced the Sacred Liturgy on the day.

FIRST HOLY COMMUNION PROGRAMME Please continue to pray for our remaining children who will be making their First Holy Communion on **Saturday 15th June 2024**, at 11.00 a.m. & 2.00

p.m. This will be the second of our First Communion celebrations. Once all the children have received First Communion, they will all come together on **Sunday 30th June** and celebrate their '**Going Forth**' Mass. The children should wear their special First Holy Communion clothes on this occasion.

HELP WITH THE PARISH REPOSITORY If there are any parishioners who would be willing to help with the Parish Repository after the 8.00 a.m. Mass on a Sunday, please see Fr John or Margaret Walker. It would be wonderful if the Repository could be open after all of the weekend Masses. This gives the whole community the opportunity to purchase some lovely religious goods. There are a lot of cards and gifts for First Holy Communion and Confirmation.

RITE OF CHRISTIAN INITIATION OF ADULTS - Journey of Faith. Is there anyone who may be interested in the RCIA Programme, possibly with the view of being received into full communion with the Roman Catholic Faith? Every year we run this programme leading to a reception in the Church at the Easter Vigil. It is a systematic programme of every aspect of Catholicism, including Scripture, Sacramental Life, and The Dogma's of our Faith, Catholic Practice & traditions, Christology & Mariology, Study of the Church. Please see Fr John who will explain the full process to you. (Tel No: 01277 265235) Hopefully the New Programme will begin in September 2024.

COFFEE AFTER 9.30 MASS today will be hosted by the Missio representatives; next week will be hosted by the PACE (Parish And Community Events) team. Why not pop along for a coffee and a chat?

PLEASE PRAY for the repose of the soul of Ronald Smith, Walter Campling and Mary Chelley who died recently; funeral details are as follows:

Ron's Requiem Mass will be celebrated in the Cathedral on Friday 24th May at 10.30 a.m.

Walter's Requiem Mass will be celebrated in the Cathedral on Thursday 30th May at 10.30 a.m.

Mary's Requiem Mass will be celebrated in the Cathedral on Friday 7th June at 11.30 a.m.

May the souls of the faithful rest in the bosom of all God's saints and one day dwell in the land of the living.

'THE BIG CLEAN' I appeal to the whole parish community for the next 'Big Clean' at the Cathedral on **Monday 3rd June** at 9.45 a.m. Having such a beautiful Cathedral demands a great deal of work, and the cleanliness and tidiness of the Cathedral truly enhances its beauty. If you can give even half an hour, this would be so helpful. Please bring along your Mops and Buckets, your brooms, and dusters. Thanking you in anticipation.

YOUTH MASS Our next Youth Mass will be celebrated on **Thursday 6th June 2024** in the Cathedral. This may be a busy and stressful time for many of you, particularly those taking exams. The Cathedral and Parish Hall will be open for you to socialise, pray and celebrate Mass with us, or pop in for a break from revision, change of scenery or quiet personal prayer. Pizza from 6.00 p.m. in the Parish Hall, Mass in the Cathedral at 7.30 p.m.

BUG HOTEL Come along to the Love in Action coffee morning on **Sunday 9th June** and help us build a bug hotel for the Cathedral grounds. It's a great way to appreciate the beauty of our natural world and to care for it. Everything will be supplied, we just need willing hands, particularly little ones!

FRIDAY FRIENDSHIP LUNCH Every Friday all are welcome to come along to the parish hall (12 noon - 2.00 p.m.) for a light lunch, cakes and drinks and most importantly, friendly faces and an opportunity to meet up with others. All ages are welcome, there is no charge and you can just drop in. We look forward to welcoming you soon!

REFERENCES FOR WORK AND OTHER POSITIONS Fr John receives many requests for references which he is happy to write for people that he knows. However, it is not helpful to mention to him in passing that you have given his name as a referee or for him to receive unexpected reference requests. Therefore, before you give his name as a referee, please ensure that you make an appointment to meet with Fr John first to discuss the position you are applying for and the nature of the reference required. Thank you.

JUST FOR INFORMATION Clergy days off are Tuesday (Fr John) and Wednesday (Fr Gary); if you need to contact them at these times, please leave a message and they will call you back when they are able.

CHORAL VESPERS is celebrated in the Cathedral on Wednesdays and Fridays at 6.00 p.m. (during term time). Everyone welcome.

THE HOLY HOUR of prayer and adoration before the Blessed Sacrament takes place every Monday evening from 6.30 - 7.30 p.m. and will be preceded by the **ROSARY** for Ukraine and peace in our world at 6.10 p.m.

PARISH OFFICE HOURS are Monday to Thursday from 8.30 a.m. - 3.00 p.m.

PLEASE REGISTER TODAY AS A CATHEDRAL PARISHIONER:

It is very simple. Each adult parishioner should either go to “Parish Census” at www.cathedralbrentwood.org or use the QR code below:



For those of you who cannot complete the registration form online, forms are available in the narthex of the Cathedral. Once you have filled in the form, please return it to Clergy House.

MASS TIMES in the Cathedral:

SATURDAY VIGIL MASS at 6.30 p.m.

SUNDAY: 8.00 a.m. / 9.30 a.m. / 11.30 a.m. & 6.30 p.m.

WEEKDAY MASSES Monday to Friday at 9.15 a.m.

SATURDAY: 9.15 a.m.

SICK AND HOUSEBOUND PARISHIONERS If you know anyone who is unable to come to Mass but would still like to receive Holy Communion in their home, contact Clergy House so we can put them on our Sick Communion list.

THE ANOINTING OF THE SICK is available to anyone who is gravely ill or about to have an operation, so if you know someone who should receive this important sacrament then please speak to a member of the clergy or ring the parish office on 265235.

SACRAMENT OF RECONCILIATION is available in the Cathedral on Saturdays from 10.00 - 11.00 a.m. Confessions in Italian are also offered.

PLEASE PRAY FOR OUR SICK and housebound parishioners and friends, including: Merle Anderson, Alistair Bailey, Yvonne Ball, Hermine Bayley, Madeleine Bevan, Julia Blencowe, Eda Bright, Phil Carr, Roisin Cassels, Keith Chester, David Cutter, Dermot Dalton, David, Iris Davis, Jenny Dean, Patricia Decup, Charlotte Donnelly, Margaret F, Rebecca Florendo, Julian Goode, Deacon Nicholas Holmes, Wong Su Hwa, Jess, Brian Kelleher, Lisa Landy, Lawrence, Susan Maskall, Romek Matyszczyk, Tony Maule, John McCarthy, Carmel Micallef, Harry Newman, Barney O'Driscoll, Joe O'Herlihy, Matthew Pegg, Steven Poole, Geraldine Sheehan, Robin Shenton, David Spring, Mary Stretch, Tim, TCT, Siobhan Vaughan and all our sick.

GENERAL NEWS

CATHOLIC PARISH SUMMIT The Catholic Parish Summit is taking place in Harrogate from the **12th to the 14th June** with over

1,000 parish leaders from across the country. Our diocese has booked some places for the Summit which are available to anyone who is interested in attending. These places are free but they are limited and you will need to make arrangements for accommodation while you are in Harrogate. For more information about the Summit please visit their website: <https://catholicparishsummit.com/> If you would like to find out more, please email Father Dan Mason, the Episcopal Vicar for Parish Renewal at billericay@brcdt.org

REDISCOVER YOUR MARRIAGE Retrouvaille offers you the chance to rediscover yourself, your spouse, and a loving relationship in your marriage. 10s of 1000s headed for divorce have successfully saved their marriages by attending and using the tools provided. There is no group therapy or group work. The next programme commences with a weekend in Welwyn Garden City on **14-16 June 2024**. Call or text 07887 296983 or 07973 380443, email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

CATHOLIC SOCIAL TEACHING IN AN ELECTION YEAR On **Saturday 15th June** Raymond Friel OBE, CEO of Caritas Social Action Network, will lead a Study Day, reflecting on Catholic Social Teaching and what the Church says about democracy and voting. Talks will be at the Catholic Church of Christ the Eternal High Priest, Gidea Park (RM2 6DH). Coffee will be available from 10.30 am and the talks begin at 11 am, and conclude by 2 pm. This is an in-person event, also available online at www.whatgoodnews.org If you intend to be present, please email gideapark@brcdt.org Please bring a packed lunch. No booking necessary for online participation. Simply go to the website. Talks will be available on the website after the event.

‘REVIVE; DISCOVER; EMPOWER’ a young adults retreat: Walsingham House are hosting a young adults retreat on the weekend of **22nd - 23rd June**. The retreat is open to those who are 19+. It will be a weekend of prayer and friendship and a wonderful opportunity to take a break from work or university.

The cost of the retreat is £45 and more information, including how to book, can be found at www.bcys.net/events

OPEN EVENING The Champion School would like to warmly invite parents/carers and year 5 boys to our Open Evening on **Wednesday 26th June** from 4.30 p.m. to 7.00 p.m. The Headteacher's talk will be at 5.00 p.m. and repeated at 6.30 p.m. Please visit our school website for more details www.thecampionschool.org.uk

ST BONAVENTURE'S RECONNECT EVENT at St Antony's Catholic Club - The Red House on **11th July 2024** from 6.30 p.m. The goal of this event is to bring together former students and staff, celebrate their life achievements, reconnect and share stories and memories and support the school's Alumni Fund in assisting students in need with resources that enhance their educational outcomes. For more information email alumni@stbons.org

BRENTWOOD CATHOLIC CHILDREN'S SOCIETY is pleased to host their first Charity Tribute Night featuring ABBA Chique at the Mill Hall Arts & Events Centre in Rayleigh on **Friday 12th July** from 7.30 to 11.00 p.m. Please spread the word among friends and family, join them at this special anniversary event and get ready to dance and sing along to your favourite ABBA hits! Tickets cost £20 plus a small booking fee and can be purchased via Eventbrite <https://www.eventbrite.co.uk/e/abba-tribute-night-tickets-849314000037> Please keep your e-ticket to show on entry to the venue. All details can be found on the BCCS website: www.bccs.org.uk/get-involved/events/ If you have any questions about the event, please email Julie jabbott@bccs.org.uk.

DIOCESAN PILGRIMAGE TO LOURDES Join Bishop Alan on the Diocesan Pilgrimage to Lourdes (**Friday 19 - Friday 26 July**). To book, please go online: Brentwood Lourdes - Lourdes - Tangney Tours (tangney-tours.com). If you wish to discuss any aspect of the pilgrimage, please e-mail Kathryn Young or Suzanne Reeves at Lourdes@brcdt.org

VOLUNTEER AT THE ST JOHN BOSCO CHILDREN'S CAMP; from **27th July - 3rd August** help give 100 children a holiday. Helpers must be 18+, and the Camp will arrange for a DBS check, and appropriate training. To help at the Bosco Camp is a wonderful experience, and now is the time to apply. Details: www.boscocamp.co.uk

WALSINGHAM HOUSE ANNIVERSARY MASS Celebrate 40 years of team at Walsingham House with us, beginning with Mass on **31st August** at Walsingham House at Abbotswick at 12pm to be celebrated by Bishop Alan followed by celebrations at our beautiful retreat house just outside Brentwood.

VACANCY St Peter's Primary School, Goresbrook Road, Dagenham are seeking to appoint a KS2 Class Teacher from 1 September 2024. Please call the school office for more information tel.0208 270 6524, email: office@st-peter.bardaglea.org.uk. School visits welcome. Closing date 10 a.m. on **11th June 2024**.

VACANCY Learning Support Assistant: 8.45 a.m. - 3.15 p.m. (term-time only). St Helen's Infant School are seeking to appoint an enthusiastic and well-motivated person to join our staff in September 2024. Please contact the school office for further information and an application pack: office@st-helens-inf.essex.sch.uk Deadline: **Friday 14th June 2024**


VACANCIES IN DIOCESAN SCHOOLS:

<https://www.dioceseofbrentwood.net/departments/education/vacancies/school-vacancies/>

QR CODES and CONTACTLESS GIVING A new online donation system has been set up so that parishioners and visitors are now able to donate by using a QR code directly to the Parish; donations can be made either with or without gift aid using the QR codes below or by scanning those displayed around the Cathedral:

giftaid it

Please treat as gift aid donation, all qualifying gifts of money made from the date of this declaration. I am a UK taxpayer and understand that, if I pay less Income Tax and/or Capital Gains Tax in the current year than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference.

Donate £3.00	Donate £5.00	Donate £10.00	Donate £20.00
			

Donate without Giftaid-it

If you are unable to donate with Giftaid-It then please use the codes below.

Donate £3.00	Donate £5.00	Donate £10.00	Donate £20.00
			