

**CATHEDRAL OF ST MARY & ST HELEN
HOLY CROSS AND ALL SAINTS**

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Cathedral Dean**

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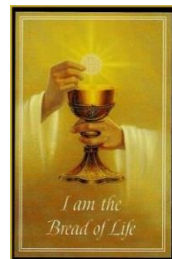
**TWENTIETH SUNDAY IN ORDINARY TIME (B)
Sunday 18th August 2024**

Spiritual Reflection:

We take our eating and drinking for granted and are unaware that, in fact, we draw life from what we eat and drink. Often it is only after a serious illness, when we are weakened in our bodies, that we become conscious of our need to strengthen our bodies through food - to 'draw life' from food and drink.

Jesus always 'drew life' from the Father. Every day he drew apart to pray to his Father, seeking from him strength, energy and fresh inner resources. In these quiet times he begged his Father for the wisdom, vitality and power that he needed to undertake his Father's work. Then, filled with new life from his Father, Jesus preached, taught, healed the sick and cast out demons. Jesus always sought strength, knowledge and discernment from his Father.

In our turn, we need to 'draw life' from Jesus. Jesus does not want us to live in our own strength, wisdom and power. Rather, he wishes to be himself 'our wisdom, our righteousness and sanctification and redemption'. For this reason, he offers us himself so that we can draw life from him by feeding upon his flesh and blood. Above all, he



invites us to feed upon his body and blood in the Eucharist. This demands that every day we 'come to Jesus' in our own quiet times to 'draw life' from him. Foolish people look only to themselves and their own resources. Wise people know their own resources. Wise people know their own resources are not sufficient and that they need to be given new resources are not sufficient and that they need to be given new resources 'from above'. They seek out the Lord's courage, strength and wisdom for everything they undertake. They are intensely conscious of their need 'to draw life' from Jesus. We also must continue to draw life from the Body & Blood of Jesus in the Holy Eucharist.

Dear Friends in Jesus Christ,

PLEASE NOTE that summer parish office hours are Tuesday to Thursday from 8.30 a.m. - 3.00 p.m.

THE NEXT BIG CLEAN Of our Cathedral will take place on **Monday 2nd September** at 9.45am, immediately after the morning Mass. If you can give half an hour to clean our beautiful Cathedral, this will be most appreciated. Please bring along your mops and buckets, brooms and dusters.

OUR NEW ASSISTANT PRIEST Fr Matúš Meleg will arrive at the Cathedral Parish on **Friday 6th September**.

May God Bless You All,



PLEASE PRAY for the repose of the soul of Dympna Doran and Kenneth Eady who died recently; funeral details are as follows:

Ken's Requiem Mass will be celebrated in the Cathedral on Wednesday 28th August at 10.30 a.m.

Dympna's Requiem Mass will be celebrated in the Cathedral on Monday 9th September at 2.00 p.m.

May the souls of the faithful rest in the bosom of all God's saints and one day dwell in the land of the living.

COFFEE AFTER 9.30 MASS today will be hosted by Missio; next week will be the turn of the St Helen's Ladies group.

PLEASE NOTE the parish office will be closed on Thursday 22nd August.

THE PARISH NEWSLETTER Where possible, the parish newsletter will be reduced to one page during the summer recess. If you have urgent information you wish to be included, please email or drop off your information no later than Wednesday, as the newsletter is printed on a Thursday morning.

VESPERS FOR UKRAINE On **Friday 23rd August** at 6.00 p.m., the eve of Ukraine's National Day, we will be holding a special Vespers for Ukraine in the Cathedral which will be attended by the Mayor of Brentwood. This will be an opportunity to join in prayer with the Ukrainians who have been welcomed into our town and the people of Ukraine. It will feature Ukrainian and English music and hymns with a dual language service book available.

During the afternoon there will be events in the parish hall hosted by members of the Ukrainian community. These will include examples of Ukrainian crafts and activities for children. Following the service refreshments will be served in the parish hall. Everyone is welcome to this important service. The Ukrainian community values and appreciates all the support we offer them.

PEACE GARDEN Love In Action will be working on the Peace Garden by the parish hall on **Saturday 24th August** from 9.30 a.m. until noon. They would welcome all help, even if you just have an hour to spare. Refreshments will be provided!

WALSINGHAM HOUSE ANNIVERSARY MASS This year marks 60 years since the opening of Walsingham House and 40 years since the first volunteer team took residence. There will be a **Mass of Thanksgiving** on **Saturday 31st August** at midday celebrated by Bishop Alan in the grounds of Walsingham House at Abbotwick.

Everyone is very welcome to attend with a special invite to those who have been part of the Walsingham House team over the last 40 years. After Mass you are welcome to stay for a picnic in the grounds.

THE RITE OF CHRISTIAN INITIATION OF ADULTS An Information Evening for the RCIA (Journey of Faith Programme), will commence on **Thursday 12th September** at 7.00 p.m. in Clergy House. For those interested in learning more about Catholicism, possibly with the view of receiving the Easter Sacraments, please contact Fr John as soon as possible: Tel No: 01277 265235 or Frjohnharvey@brcdt.org

FRIDAY FRIENDSHIP LUNCH Please note, the Friday Friendship Lunches will resume again on **13th September**.

FR GARY DENCH will be assuming his new assignment as parish Priest of St Joseph the Worker, Hutton, on the 4th September. If you would like to contribute to a farewell gift to Fr Gary, please use the envelopes provided a couple of weeks ago; there are still some spare envelopes available in the Narthex. Fr Gary will return to the Cathedral parish on **Sunday 22nd September** to celebrate the 6.30 p.m. Mass, and there will be a reception in the Parish Hall afterwards. Please drop your gift envelopes off at Clergy House.

FIRST HOLY COMMUNION PROGRAMME 2024/25 The Parents' Information Meeting will take place on **Wednesday 25th September** at 7.00 p.m. in the Cathedral. The pre-requisites for the programme are that you are a registered parishioner at the Cathedral Parish of St Mary & St Helen, and that your child will have commenced Year 4 (8 years old rising 9) at Primary School in September 2024. If you are a weekly attendee at the Cathedral and live in another parish, as a matter of courtesy, you will need the permission of the Parish Priest for your child to attend our programme. Thank you!

FORWARD PLANNING At a recent PACE meeting it was agreed that there should be some more social events for the Parish Community. We have agreed, that after the great success of the last Parish Quiz Night, that there will be another Quiz held in February 2025. But before that we have agreed that we should hold a **Parish Bazaar**, in preparation for Christmas. **Saturday 14th December 11.00 a.m. - 3.00 p.m.** I'm not sure how long it is since a Bazaar was held in the Parish, but they are truly wonderful community events. They bring the whole parish community together.



In September there will be a meeting for all those interested in helping with the Bazaar. I would ask each parish organisation to be involved in some way. It can be a wonderful fund-raiser during the winter months, especially to pay the soaring utility costs at the Cathedral. If you're going on holiday, and you can purchase some duty-free alcohol, please keep the Bazaar in mind. Thank you! I will share more information at the beginning of September.

IMPORTANT INFORMATION - CATHOLIC SCHOOLS APPLICATIONS. If you are going to apply for a primary or secondary Catholic school with your child starting in September 2025, please make a note of these dates in your diary; at these meetings, Certificate of Catholic Practice forms will be issued to those families who are known in the parish and are regularly practicing their faith. More information will be given in the newsletter in the coming weeks.

SECONDARY SCHOOL APPLICATIONS

Wednesday 16th October ~ 4.00 p.m. to 7.00 p.m.

PRIMARY SCHOOL APPLICATIONS

Wednesday 13th November~ 4.00 p.m. to 7.00 p.m.

Please ensure you make a note of these dates

PROJECT 58.7 - FEEDING THE HOMELESS A group from the parish and friends have been providing meals for the homeless

(and others living on the edge of society) since the beginning of Covid. We are part of a larger project under Churches Together in Basildon which has been going for 10+ years. We now need a few more volunteers - people that can cook either a main meal or a pudding or provide fruit and yoghurts for up to 25 people. We also particularly need a few more deliverers - to collect the food from the cooks etc and take it to the venue in Basildon. This all happens for us on Mondays, Wednesdays and Thursdays. Other groups in Basildon do this on other days of the week. If you can help or just want more information, please email Maddy on maddy.edwards1@gmail.com.

REFERENCES FOR WORK AND OTHER POSITIONS Fr John receives many requests for references which he is happy to write for people that he knows. However, it is not helpful to mention to him in passing that you have given his name as a referee or for him to receive unexpected reference requests. Therefore, before you give his name as a referee, please ensure that you make an appointment to meet with Fr John first to discuss the position you are applying for and the nature of the reference required. Thank you.

JUST FOR INFORMATION Clergy days off are Tuesday (Fr John) and Wednesday (Fr Gary); if you need to contact them at these times, please leave a message and they will call you back when they are able.

PLEASE REGISTER TODAY AS A CATHEDRAL PARISHIONER:

It is very simple. Each adult parishioner should either go to "Parish Census" at www.cathedralbrentwood.org or use the QR code below:

**COMPLETE THE
FORM ONLINE**



For those of you who cannot complete the registration form online, forms are available in the narthex of the Cathedral. Once you have filled in the form, please return it to Clergy House.

MASS TIMES in the Cathedral:

SATURDAY VIGIL MASS at 6.30 p.m.

SUNDAY: 8.00 a.m. / 9.30 a.m. / 11.30 a.m. & 6.30 p.m.

WEEKDAY MASSES Monday to Friday at 9.15 a.m.

SATURDAY: 9.15 a.m.

CHORAL VESPERS is celebrated in the Cathedral on Wednesdays and Fridays at 6.00 p.m. (during term time). Everyone welcome.

THE HOLY HOUR of prayer and adoration before the Blessed Sacrament takes place on a Monday evening from 6.30 - 7.30 p.m. and will be preceded by the **ROSARY** for Ukraine and peace in our world at 6.10 p.m.

SICK AND HOUSEBOUND PARISHIONERS If you know anyone who is unable to come to Mass but would still like to receive Holy Communion in their home, contact Clergy House so we can put them on our Sick Communion list.

THE ANOINTING OF THE SICK is available to anyone who is gravely ill or about to have an operation, so if you know someone who should receive this important sacrament then please speak to a member of the clergy or ring the parish office on 265235.

SACRAMENT OF RECONCILIATION is available in the Cathedral on Saturdays from 10.00 - 11.00 a.m. Confessions in Italian are also offered.

PLEASE PRAY FOR OUR SICK and housebound parishioners and friends, including: Merle Anderson, Alistair Bailey, Yvonne Ball, Hermine Bayley, Madeleine Bevan, Eda Bright, Phil Carr, Roisin Cassels, Keith Chester, David Cutter, Dermot Dalton, David, Iris Davis, Jenny Dean, Patricia Decup, Charlotte Donnelly,

Margaret F, Rebecca Florendo, Julian Goode, Deacon Nicholas Holmes, Wong Su Hwa, Jess, Brian Kelleher, Lisa Landy, Lawrence, Susan Maskall, Romek Matyszczyk, Tony Maule, John McCarthy, Carmel Micallef, Harry Newman, Barney O'Driscoll, Joe O'Herlihy, Matthew Pegg, Steven Poole, Geraldine Sheehan, Robin Shenton, David Spring, Mary Stretch, Tim, TCT, Siobhan Vaughan and all our sick.

GENERAL NEWS

YOUTH 2000 SUMMER FESTIVAL 2024 Our annual youth 2000 summer festival will take place from **Friday 23rd August - Monday 26th August** in the beautiful surroundings of Ampleforth Abbey, North Yorkshire. This festival is an opportunity for young people (aged 16-35) from across the UK to grow in their relationship with God, form friendships and be inspired to live out their faith! The programme will include input from incredible speakers, a wonderful variety of workshops, and loads of opportunities to be with Jesus and encounter His love. Visit www.youth2000.org/events for information and tickets (which include food and accommodation).

“ADOREMUS” FESTIVAL On **Saturday 14th September** at Oscott College in Birmingham, the “Adoremus” National Eucharistic Congress and Pilgrimage is taking place with representatives from dioceses across England and Wales. Our diocese has been allocated 43 places. If you would like to attend, please contact the Diocesan Co-ordinator, Father Dan Mason at frdanmason@brcdt.org There will be a coach leaving for the Congress from Brentwood Cathedral at 8.00 a.m. on the day. There is no charge for the coach or attending the Congress but you will need to bring a packed lunch. Parishes are also encouraged to arrange a time for Exposition of the Blessed Sacrament either on the 14th or 15th September. More information about this will be sent out to parishes in the coming months.

CALLED AND GIFTED TEACHING DAY On **Saturday 14th September** from 9.00 a.m. to 4.15 p.m. at the Most Holy

Redeemer Church in Billericay we will be running a “Called and Gifted” teaching day. “Called and Gifted” is a discernment process developed by the Catherine of Siena Institute which enables everyone to understand the gifts and the charisms that God has given to them so that they are able to share these gifts with others. Those who have taken part in the Called and Gifted process have found that their faith has deepened and that they have been able to discover new ways of serving God in their parish and the wider community. As well as the teaching day, participants are invited to complete an online “Gifts Inventory” prior to the day, as well as having a 1-1 Zoom session with a member of the Called and Gifted team. The total cost of the process including the Teaching Day is £120 which includes online access to the Gifts Inventory as well as a Resource book which will be given out during the Teaching Day. In order to secure your booking please register your interest before Thursday, 1st August by emailing the Billericay Parish Office at billericay@brcdt.org. If you would like more information about Called & Gifted, please visit their website: <https://www.calledandgifted.org.uk/>

OPEN HOUSE BILLERICAY On Saturday 12th October the Most Holy Redeemer Church, Billericay will be hosting a day focusing on parish renewal with talks and workshops designed to help parishes transition from maintenance to mission. Bishop Alan will also be presiding at the Midday Mass. Get inspired by priests and parishioners as they share stories of transformation. Hear what they are learning and dream about the change that could be possible in your own parish. The day will last from 9.30 a.m. to 5.00 p.m. and the cost is £20 per person. In order to attend you will need to register in advance by following this link: <https://divinerenovation.org/events/>

VACANCY - Walsingham House Retreat Manager: Walsingham House at Abbotswick, the youth retreat centre for the Diocese of Brentwood, are seeking to appoint a Retreat Manager. The Retreat Manager will work to ensure the smooth and efficient running of retreats, leading and training the volunteer team, and developing the programmes on offer to schools and parishes. Walsingham House has an excellent reputation for the quality of

the retreats offered and after a year to rebuild we are keen to develop this further. This is not necessarily a “live-in” role but accommodation can be provided if required. For more information please see: <https://bcys.net/news/vacancies/> Closing date is **Friday 30th August**.

VACANCY for a Parish Administrator-Leyton. To provide administrative support services to the Parish Office by implementing and maintaining office systems, processes and procedures and delivering a welcoming, appropriate service to those attending the parish office. Hours: 15 hours per week, Monday to Friday from 9.30 a.m. to 12.30 p.m. Salary: £13.15 per hour. Apply by sending a CV and covering letter (no longer than A4) leyton@brcdt.org Closing date **30th August 2024**.

VACANCY The Saint Vincent de Paul Society (SVP) is seeking a Membership Support Officer (MSO) to promote volunteer membership development in the Brentwood diocese (in and around East London). The role is part-time and home-based (15 hours per week) and the salary is £11333 pa. The role will involve some local travel in and around East London to support membership recruitment and development. Having your own transport is essential, and travel expenses will be paid. For further information and details how to apply, contact Lance Philpott, Head of Membership at lancep@svp.org.uk Closing date for applications is **Sunday 1st September**.

BBQ AND MASS FOR YOUNG ADULTS at Our Lady Immaculate, Chelmsford, **Sunday 8th September**. If you are 18+, having left school, from 1st September then you are very welcome to join a group of young adults for a BBQ from 3.00 p.m. with Mass at 7.00 p.m. at Our Lady Immaculate Church in Chelmsford. No need to book, simply come along to meet other young adult Catholics and find out more about upcoming events just for you!

VACANCY A vacancy has arisen for a part-time Parish Secretary to work at Forest Gate - St Anthonys. The successful applicant will need to have excellent communication and administration skills. The post will be part-time working 25 hours per week with

hours planned to suit the requirements of the parish. The salary is dependable on skills and experience. Full job description please see Parish Secretary - Forest Gate at Vacancies - Brentwood Diocese (dioceseofbrentwood.net) If you have any queries or if you would like to apply, please send your CV and cover letter by email to hr@brcdt.org Closing date: **9th September 2024**

INSPIRE, NURTURE AND ACCOMPANY YOUNG PEOPLE on the edge of East London. The parishes in the Romford Parish Partnership are recruiting a Parish Partnership Youth Coordinator. Salary £30,000/year, start date no later than January 2025. This is a new role, with amazing potential to bring young people into leadership in the Church, and provide a wide range of opportunities for them to live and deepen their faith within a diverse and vibrant part of London. Full details: <https://www.dioceseofbrentwood.net/diocese/working-for-us/> Closing date **10th September 2024**.

YOUTH GATHER, Essex Outdoors, East Mersea, **26th - 27th October**. For anyone in year 9 and above, join us for a weekend of speakers, workshops, prayer and more, alongside the opportunity to try high ropes, archery or climbing at the amazing Essex Outdoors in East Mersea. **Applications are now open** and you can apply and find all information at www.bcys.net/events/youth-gather-2024/

VACANCY Governors are seeking to appoint a dedicated and inspirational Headteacher who is a committed, practising Catholic. Someone who shares our vision and passion and has the leadership and ambition to build on the successes of our school. Our Lady Immaculate Catholic School is a caring, friendly school and community where our Catholic ethos is central to all that we do. Our new Headteacher will work with governors to shape the strategic direction of the school and will be responsible for the day-to-day leadership and management of Our Lady Immaculate School. Our new Headteacher will lead a team that strives together in the best interest of all our children. Deadline for applications: 12:00 noon on **Monday 30th September 2024**. We

warmly welcome and encourage applicants to visit our school, please speak with the Admin & Finance Officer, Lindsey Murgatroyd for more information. For an Application Pack please email: lindseymurgatroyd@ourladyimmaculate.essex.sch.uk

VACANCY A vacancy has arisen for a part-time Caretaker at The Immaculate Conception, Epping. The post will be part-time (around four hours per week - with a flexible working agreement to be agreed which includes weekends and being on site on a Tuesday). This is a one-year fixed-term contract that may be extended or made permanent. The start date for the role is October and the salary is negotiable depending on skills and experience. Full job description: Caretaker Epping - 2024 If you have any queries or if you would like to apply, please send your CV and cover letter by email to epping@brcdt.org



VACANCIES IN DIOCESAN SCHOOLS:

<https://www.dioceseofbrentwood.net/departments/education/vacancies/school-vacancies/>

QR CODES and CONTACTLESS GIVING A new online donation system has been set up so that parishioners and visitors are now able to donate by using a QR code directly to the Parish; donations can be made either with or without gift aid using the QR codes below or by scanning those displayed around the Cathedral:

giftaid it

Please treat as gift aid donation, all qualifying gifts of money made from the date of this declaration. I am a UK taxpayer and understand that, if I pay less Income Tax and/or Capital Gains Tax in the current year than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference.

Donate £3.00	Donate £5.00	Donate £10.00	Donate £20.00
			

Donate without Giftaid-it

If you are unable to donate with Giftaid-It then please use the codes below.

Donate £3.00	Donate £5.00	Donate £10.00	Donate £20.00
			